



Awaken School

Of Outcome Oriented Psychotherapies Ltd

Practitioner in Neuro-Linguistic Programming

Who will benefit from attending this course?

This course is open to anyone who has an interest in the new change technology that is NLP. It is designed to take you from knowing very little about NLP through to being an ANLP certified practitioner.

Why Attend this Course?

NLP is a powerful technology that when used ecologically can facilitate profound personal change with clients. Understanding how NLP facilitates this change will have a dramatic effect on your interaction with people either on a personal or professional level. The full programme will also count as one year of training against the pathway towards UKCP accreditation through Awaken School

What is included?

Individual modules include – for a full list, please visit the website:

- Understanding how to generate and maintain rapport
- Understanding how different people prefer to receive information
- Effectively change, and maintain useful states
- How to work with a person's perception of time to effect change
- How to work with effective strategies
- Understand complex language patterns

Investment:

The course costs for 2010 are £1400 + VAT (£1610.00 inc VAT)

CPD modules:

Please remember, other short NLP courses can be used as CPD. 1-day Introductory and 4-day NLP Diploma courses are available, please contact the office for details.

www.awakenschool.co.uk www.hypnotherapy-training.co.uk

Programme Outline

The courses are run over 130 hours to meet ANLP and UKCP requirements.

– Introduction & Opening Frames

- Student learning and outline of the programme
- What is NLP?
- Underlying principles & theories
- Outcomes

– Sensory Acuity

- Calibration of clients
- Rapport
- Representational Systems

– Submodalities

- Understanding of Submodalities
- Belief change with Submodalities
- Changing perceptions with Submodalities

– States & Anchoring

- Utilise a range of states and anchoring techniques.
- Build positive resource anchors.
- Collapse away negative states through anchors

– Strategies

- Understand the application of Strategies
- Use of strategies in motivating individuals
- How to alter unuseful strategies

– Language

- Different NLP models of language.
- How to use detailed questioning to achieve understanding
- How to use hypnotic language patterns to motivate

– Neurological Levels

- Understand the principles of Dilts Neurological Levels
- Use the model to diagnose problems and offer change

– Reframing & Parts

- Introduction to the principles of reframing and parts
- Using parts theory to facilitate change

– Time Code

- Study different time code techniques

– Graduation

- Demonstrate your skills



AWAKEN SCHOOL

OF OUTCOME ORIENTED PSYCHOTHERAPIES LTD

Practitioner in Neuro-Linguistic Programming 2010

16-day programmes (4 modules of 4 days) are available in
Newby, North Yorkshire
Wednesday to Saturday 9am - 6pm

Module	Spring 2010	Autumn 2010	Spring 2011
1	Mar 10 – 13	Sep 8 – 11	TBC
2	Apr 14 – 17	Oct 6 – 9	TBC
3	May 5 – 8	Nov 3 – 6	TBC
4	Jun 16 – 19	Dec 1 – 4	TBC

For further details of these programmes, or to book your place, download the information from the website or contact the office:

Woodlands, Sneck Gate Lane, Newby, Middlesbrough, TS8 0AH.

Tel: 0845 873 2036

Email: info@awakenschool.co.uk

Websites: www.awakenschool.co.uk www.hypnotherapy-training.co.uk



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Programme costs for 2009-10

The investment for our 16-day Practitioner in NLP, through Awaken Consulting in Newby, North Yorkshire is:

£1400 + VAT (£1610.00) for self-funding students

£1750 + VAT (£2012.50) for corporate students

Your programme fees include all tuition, handouts, assignment marking, ongoing assessment and support during the programme. It also includes 1-year membership of Awaken School, a UKCP Member Organisation.

A discount of £100 is available if the course fees are paid in full, at least 2 weeks prior to commencing the course.

A payment plan is available in up to 10 instalments via post-dated cheques, credit/debit card details or bank payment.

NB.

SPOUSE/PARTNER – 50% reduction for a course that you have attended

Awaken School will pay you £75 for students you recommend who enrol on, and complete, a 10 month course