



**Awaken School of  
Outcome Oriented  
Psychotherapies Ltd.**

# **Advanced Patterns in Psychotherapy**

**As a Psychotherapist in the Hypnopsychotherapy Section  
(For students commencing their training before September 2007)**



**Awaken School has other courses in its portfolio, please ask for information.**

# Awaken School of Outcome Oriented Psychotherapies Ltd

Awaken School is a Training and Accrediting member of the United Kingdom Council for Psychotherapy (UKCP). Founded in 1983, the School was reformed in 2006 by Lisa and Mark Wake as Awaken School bringing together their Outcome Focussed Hypnotherapy and NLP training programmes to form the current Pathway to Accreditation. Lisa Wake has a long association with UKCP, firstly as Vice Chair from 2003 to 2005 and then as Chair till 2007 and has long campaigned for high standards of training and practice.

Awaken School has the status of a Training and Accrediting member of UKCP

## **THE AIMS OF THE SCHOOL ARE: -**

1. To impart to students a knowledge of the various approaches to Psychotherapy - Behaviourist, Psychoanalytic, Humanistic and Integrative.
2. To impart the knowledge necessary to induce and manage the hypnotic state across those methods.
3. To give students the necessary knowledge to develop and manage the understanding of unconscious processes.
4. To help the student have professional standards regarding ethics, boundaries and safe practice.
5. To provide an ethical & practical training for students wishing to become members of a recognised register & either establish a private practice or integrate taught techniques into the world of education or mainstream healthcare as well as other disciplines.
6. To provide a programme of in-service training to enable established practitioners to keep abreast of, and enlarge, their sphere of specialisation.
7. To provide every opportunity for personal growth.
8. To provide each student with continuous supervision, assessment & support throughout the training and post training.

## Advanced Patterns in Psychotherapy

This course consists of 10 weekends or 20 days of integrated learning, providing a pathway to external recognition with UKCP as a psychotherapist.

The programme provides a comprehensive and integrated learning pathway to advanced practice in psychotherapy. The programme is student directed and across the length of the programme, addresses the clinical, professional and interpersonal needs of the student group to reflect advanced practitioner status. The programme will include client casework from assessment through to endings, recognition of major psychopathologies, other psychotherapeutic approaches, indications and contraindications for psychotherapy. Students will integrate prior learning within a structured framework to develop advanced practitioner competencies within a psychotherapeutic context.

On completion of the award, students will be eligible to be presented to UKCP for accreditation as a psychotherapist, in conjunction with the requisite core modules, clinical practice, clinical supervision and personal therapy hours. Clinical supervision of casework is a core component of this module and will include clinical assessment of live and audio recorded casework.

Formative assessment is ongoing throughout the duration of the module and includes peer and tutor assessment and review of interpersonal, role play and clinical work. Supervision is a core component of this module and will be used as part of the formative assessment in a group supervision context.

Summative assessment has two components:

Clinical supervisors report and assessment of clinical practice at advanced practitioner status.  
4000 word case report providing evidence of integrated clinical practice at advanced practitioner level and critical analysis and synthesis of models of clinical hypnotherapy.

### Delivery Pattern (Total no of hours per course)

Lecture:	15
Tutorial / Seminar	40
Science/Skills Lab:	12
Tutorials:	03
Practice:	50
Independent Study:	92
Total learning hours:	200

**Pre-requisites:** Practitioner in Neuro-Linguistic Programming (therapy based) **or** Foundation in Clinical Hypnotherapy **or** relevant experience/training in a related subject.  
**Plus** Master Practitioner in Neuro-Linguistic Programming (therapy based) **or** Intermediate in Clinical Hypnotherapy.  
**Plus** a minimum 50 hours supervised therapy work **or** minimum 100 hours supervised coaching work

### Indicative Content

- Constructivist psychotherapy
- Hypno-Psychotherapy
- Psycho-social development
- Integrated clinical practice
- Other psychotherapeutic approaches of psychoanalysis; CBT, integrative and systemic therapies
- Supervised practice
- Psychopathology and DSM-IV classification
- Medical vs psychotherapeutic models
- Models of interpersonal change

## **Learning Outcomes:**

### **Knowledge and Understanding:**

- 1) Demonstrate a comprehensive and critical understanding of the techniques/methodologies appropriate to advanced scholarship in clinical psychotherapy
- 2) Demonstrate originality in the application of knowledge, together with a practical understanding of how established techniques of research and enquiry are used to create and interpret knowledge in clinical psychotherapy
- 3) Develop a critical applied understanding of human development.
- 4) Demonstrate a systematic and critical understanding of the breadth and depth of knowledge in hypnotherapy and a critical awareness of current problems and / or new insights at the forefront of the field
- 5) As appropriate to clinical psychotherapy, demonstrate an awareness and ability to manage the implications of ethical dilemmas of psychotherapy practice and work proactively with others to formulate solutions

### **Cognitive and Intellectual Skills:**

- 1) Integrate and synthesise diverse knowledge, evidence, concepts, theory and practice to promote understanding and good practice in clinical psychotherapy and solve foreseen and unforeseen problems
- 2) Reach argued conclusions on the basis of incomplete or contested data
- 3) Formulate new or alternative hypotheses or solutions
- 4) Demonstrate a clarity of intent and flexibility of linguistic expression in all communication explicitly concerned with the conduct of the therapeutic process.
- 5) Critically present a rationale and cogent assessment of psychotherapy as an effective modality for unconscious behavioural change.
- 6) Critically and coherently make and update initial client assessments, including recognition of major psychopathologies, and indications and contraindications for psychotherapy.

### **Practical/Professional Qualities and Skills:**

- 1) Critically assess and utilise the principles of psychotherapy therapy in a therapeutic setting
- 2) Operate ethically in complex, unpredictable and specialised therapeutic situations
- 3) Act autonomously in appraising, formulating and delivering a plan of therapy for specific mental health problems.
- 4) Evaluate the effectiveness of therapeutic interventions and revise approach according to circumstances
- 5) Construct a theoretical model and care plan
- 6) Engage in the therapeutic relationship through the application of appropriate interpersonal and hypnotherapeutic strategies.
- 7) Evaluate the effectiveness of self and therapy process in peer and clinical supervision.

### **Key Transferable:**

- 1) Demonstrate competent management of a personal learning agenda and continuing professional development
- 2) Communicate complex academic and professional issues in psychotherapy clearly to specialist and non specialist audiences

## **Assessment Strategy**

There are two assessments held within the module; one formative and one summative.

### **Formative**

Formative assessment is ongoing throughout the duration of the module and includes peer and tutor assessment and review of interpersonal, role play and clinical work. Supervision is a core component of this module and will be used as part of the formative assessment in a group supervision context. Verbal feedback will be given immediately following the session.

### **Summative**

The summative assignment has two components; 2 Clinical supervisors reports and assessment of clinical practice at advanced practitioner status providing evidence of integrated clinical practice at advanced practitioner level and critical analysis and synthesis of models of psychotherapy. This year is marked as pass/fail and is required for UKCP accreditation.

## **Assessment Criteria**

Supervisors Assessments.

The assessments must demonstrate evidence of the student's ability to

- Coherently present case material that reflects assessment of client within a theoretical framework, planned care, utilisation of the self within the therapeutic process, and provision of a review of structured interventions to facilitate client outcome.
- Identification of ongoing professional development and self-supervision.
- Develop a logical and balanced argument
- Show critical breadth of knowledge and understanding of key concepts in clinical psychotherapy
- Critically appraise current knowledge and published literature relevant to psychotherapy
- Critically analyse and synthesise appropriate literature relevant to diverse models in clinical psychotherapy

## **Assessment Weighting**

Assessment 1:           100%  
Type:                    Supervision report

## Indicative Resources:

### Purchase

Dryden, W. (1996)	<i>Handbook of Individual Therapy</i> London: Sage Publications
Wake, Lisa (2008)	<i>Neurolinguistic Psychotherapy – a Post Modern Perspective</i> London: Routledge

### Essential

Birch, A.	<i>Developmental Psychology; from Infancy to Adulthood</i> New York: Palgrave,
Dilts, R. (1990)	<i>Changing Belief Systems with NLP.</i> California: Meta Publications
Haley, J. (1993)	<i>Uncommon Therapy. The Psychiatric techniques of Milton H. Erickson. M.D.</i> New York: W.W. Norton & Company
Satir, Virginia (1972)	<i>People Making.</i> California: Science and Behavior Books

### Recommended

Graves, C.W., Huntley, W.C., LaBier, D.W. (1965)	<i>Personality Structure and Perceptual Readiness. An Investigation of Their Relationship to Hypothesized Levels of Human Existence.</i> Union College. Online: <a href="http://www.charegraves.com/articles-content/1965_GHL/1965_GHL1.html">http://www.charegraves.com/articles-content/1965_GHL/1965_GHL1.html</a> .
Massey, M. (1979)	<i>People Puzzle: Understanding Yourself and Others.</i> Va: Reston Publishing Co
McDermott, I. And Jago, W (2001)	<i>Brief NLP Therapy</i> London: Sage Publications
O'Hanlon, B. (2002)	<i>Even from a Broken Web. Brief, Respectful Solution Oriented Therapy for Sexual Abuse and Trauma.</i> New York: W.W. Norton & Company
O'Hanlon, B. and Weiner-Davis, M. (2003)	<i>In Search of Solutions. A New Direction in Psychotherapy.</i> New York: W.W. Norton & Company
Rosen, Sidney (1991)	<i>My Voice Will Go With You; the Teaching Tales Of Milton Erickson.</i> New York: W.W. Norton

### Background

Amsterdam, B. (1972)	<i>Mirror Self-Image Reactions Before Age Two.</i> Developmental psycho/biology. S, 297-305
Bateson, G. (2000)	<i>Steps to an Ecology of Mind: Collected Essays in Anthropology, Psychiatry, Evolution and Epistemology.</i> Chicago: University of Chicago
Damasio, A. (1994)	<i>Descartes Error. Emotion, Reason and the Human Brain.</i> New York: Penguin
Edelman, G. (1987) Neural Darwinism.	<i>The Theory of Neuronal Group Selection.</i> New York: Basic Books
Korzybski, Alfred (2000)	<i>Science and Sanity, 5<sup>th</sup> Edition.</i> New York; The Institute Of General Semantics

Gerhardt, S. (2004)	<i>Why Love Matters. How Affection Shapes a Baby's Brain.</i> London: Routledge
Hoffman, H.S. (1987)	<i>Imprinting and the Critical Period for Social Attachments: Some Laboratory Investigations.</i> In M.H. Bornstein (Ed). Sensitive periods in development: Interdisciplinary studies (p. 99-121) Hillsdale, NJ: Erlbaum
Huxley, A. (1954)	<i>The Doors of Perception and Heaven and Hell.</i> New York: Harper Collins
Jelem, H. and Schutz, P.	<i>Neurolinguistic Psychotherapy</i> (unpublished)
Lewis, M. (1982)	<i>Origins of Self-knowledge and Individual Differences in Early Self Recognition.</i> In J. Suls (ed) Psychological perspectives on the self. (vol 1. Pp. 55-78) Hillsdale, NJ: Erlbaum
O'Hanlon, W.H. and Martin M. (1992)	<i>Solution Oriented Hypnosis - An Ericksonian Approach,</i> New York: W.W. Norton and Company
Panksepp, J. (1998)	<i>Affective Neuroscience: The Foundations of Human and Animal Emotions.</i> Oxford University Press
Perls, F.S. (1969)	<i>Ego, Hunger and Aggression. The Beginning on Gestalt Therapy.</i> New York: Vintage Books
Perls, F., Hefferline, F. & Goodman, P. (1931)	<i>Gestalt Therapy. Excitement &amp; Growth in the Human Personality.</i> New York: Julian Press Dell Publishing
Piaget, J. (1968)	<i>Genetic Epistemology. First Lecture Series of Lectures Delivered by Piaget.</i> Columbia: Columbia University Press
Rothschild, B. (2000)	<i>The Body Remembers. The Psychophysiology of Trauma and Trauma Treatment</i> New York: W.W. Norton & Company
Schore, A.N. (2003)	<i>Affect Regulation and the Repair of the Self.</i> London: W.W. Norton
Stern, N. (1998)	<i>The Motherhood Constellation. A Unified View of Parent-Infant Psychotherapy.</i> London: Kesnoic Books
Sumner, E. (1997)	<i>Constructivism: From Philosophy to Practice.</i>
Watzlawick, P. (1993)	<i>The Language of Change. Elements of Therapeutic Communication.</i> New York: W.W. Norton & Company

### On Line resources

Dilts, R. (2000)	<i>Encyclopedia of NLP.</i> Online: <a href="http://NLPuniversitypress.com">http://NLPuniversitypress.com</a>
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### Accessibility statement

The School aims to make this module accessible to any student who may benefit from studying it. Students who are concerned about their ability to access the module are advised to contact the School for advice.

## Postgraduate Diploma in Outcome Oriented Psychotherapies

The following pathways (A, B or C) lead to the awarding of a Postgraduate Diploma in Outcome Oriented Psychotherapies which signifies a student has completed all the steps necessary to be accredited by the Hypnopsychotherapy section of UKCP.

	<b>A</b>	<b>B</b>	<b>C</b>	
<b>Foundation Year</b>	Practitioner in NLP <b>Hours: 144</b> <b>+ 150 SDL</b>	Foundation in Clinical Hypnotherapy <b>Hours: 150</b> <b>+ 150 SDL</b>	Foundation in Clinical Hypnotherapy <b>Hours: 150</b> <b>+ 150 SDL</b>	NB: Self Directed Learning (SDL) includes student practice between modules, assignment reading, development journals and distance learning.
<b>Year 1</b>	Master Practitioner In NLP <b>Hours: 162</b> <b>+ 150 SDL</b>	Intermediate in Clinical Hypnotherapy <b>Hours: 150</b> <b>+ 150 SDL</b>	Practitioner in NLP <b>Hours: 144</b> <b>+ 150 SDL</b>	Group Supervision <b>22 Hours</b>  Individual Supervision <b>12 Hours minimum</b>
<b>Year 2</b>	Research Methods <b>Hours: 21</b>  Mental Health Placement <b>Hours: 50</b>	Study Skills Module <b>Hours: 15</b>	Group Tutorial <b>Hours: 24</b>  <b>Total: 110</b> <b>+ 150 SDL</b>	Group Supervision <b>22 Hours</b>  Individual Supervision <b>12 Hours minimum</b>
<b>Year 3</b>	Advanced Patterns in Psychotherapy <b>Hours: 120</b> <b>+ 150 SDL</b>			Group Supervision <b>42 Hours</b>  Individual Supervision <b>12 Hours minimum</b>
<b>Year 4</b>	Integrating Theory into Practice <b>Hours: 150</b> <b>+ 150 SDL</b> <b>+ Additional 70 hours relevant CPD minimum of:</b> a) Solution Focussed Therapy b) Gestalt Therapy c) Family Therapy d) Beeleaf Wider Minds Addiction Training e) Child and Adolescent Therapy f) Additional layer of Awaken Courses g) Body Therapy			Group Supervision <b>42 Hours</b>  Individual Supervision <b>12 Hours minimum</b>

- Students may 'step off' at the end of each year with certification at the level attained.
- Each student will be assisted to find their most appropriate pathway.
- Each student seeking UKCP accreditation is required to attend the final year of the Advanced Patterns in Psychotherapy, leading to the Postgraduate Diploma in Outcome Oriented Psychotherapies.

**+ 450 client contact hours minimum**

**+ Clinical Supervision**

**+ 250 minimum hours Personal Therapy/Development – of which, a minimum of 48 hours must be contracted psychotherapy.**

Formal APEL Processes are available for students who wish to accredit prior learning and training and may be no more than 50% of the minimum total of 450 clinical hours, and no more than 2 years of the training.

**Total Hours = 2350+ including Self Directed Learning (SDL)**

## Statement of Progression

Progression throughout the course will be based on:-

1. The demonstration of practical ability
2. The demonstration and integration of learning
3. A pass level in any written assignment or examination.

If any of these areas give cause for concern, guidance and opportunities will be given for further assessment.

### Review Procedure

Awaken School courses are subject to on-going review and continual reassessment, as the result of consultation with facilitators and consultation and feedback from trainees. The right is therefore reserved to effect changes to any part of these courses, before such changes are published in a subsequent prospectus. The right is also reserved to withdraw a course offered should unforeseen circumstances arise.

### Locations – Awaken School courses are held in the following locations:-

in England - Newby.  
in Northern Ireland - Derry or Belfast.

**Please note, not all venues run all courses. Check on the website, or contact the office to confirm which courses are running at each venue.**

### Dates and Times

Courses normally take place on Saturdays from 10am to 6pm and Sundays 10am to 5pm. A separate sheet is available with the dates and times for each location.

It may be that there are difficulties for a student attending all sessions at one location, and occasionally, by special arrangement with Head Office, it may be possible to offer another venue for a weekend. This is not, however, always possible. If this is the case, then individual tuition can be given to the student by the course tutor. The student will be asked to contribute to any additional expense involved.

### Cost

Cost of the course, including written work, handouts and examination fee is given on the costs sheet. There are no 'hidden extras'. After payment of the deposit (see section "Applications") the remainder of the fees are due in full prior to the first weekend. As a concession, these may be made by instalments via post-dated cheques. Alternative arrangements using a credit/debit card or BACS payment method are possible, please contact the office for details. Students who pay the whole of the balance of their course fee (after the initial deposit and acceptance), on or prior to the first weekend, may be eligible for a discount. Costs of supervision and personal therapy remain the responsibility of the student.

## **Supervision**

Supervised practice starts as soon as graduates are seeing clients. A ratio of 1 supervision hour per 6 client contact hours is required during your training to enable UKCP registration.

## **Own therapy**

This is a UKCP requirement. It is inevitable during the course that by merely taking part, one's own "material" will surface. Whilst it is necessary to be working with issues during the course it is not suitable that the course is seen as "therapy". Although students often comment upon the amount of personal growth they achieve, the course is clearly not suitable as a vehicle for personal therapy. It is therefore a requirement that during the four years to becoming UKCP Registered, students have had a minimum of 250 hours of personal development of which 48 must be personal therapy. This is to be undertaken during the course, with therapists who are UKCP accredited. UKCP provides a list of accredited psychotherapists and the therapist must not be your course tutor or supervisor and a record of attendance signed by the therapist(s) should be kept. This period of therapy needs to be budgeted for by the student.

Evidence of a journal, showing one's introspection, personal development and integration of the training process throughout training should be kept. Just pre award of the Postgraduate Diploma in Outcome Oriented Psychotherapies, an account of this, rather than the personal journal, needs to be presented for evidence to the school that this process is completed.

## **Classroom and private study details**

There are 130 hours of classroom contact in the course to each Foundation and Intermediate course. You will need to practice the techniques taught to you inside the group with group members. You may also practice with friends outside the course parameters when your trainer thinks that you are ready for this. You will also need to read for, and compose and write your written assignment. Should a student miss, or believe they may not be able to attend, any portion of the course, they must notify their trainer and the main office as soon as practical. This weekend can then be 'caught up' either by attending another training (with consent of the trainers and main office), by additional assignments or by seeing the trainer privately. You may be required to pay for seeing the trainer privately.

## **Workshops**

Demonstration, group work, role plays and informal discussion form the basis of this course which is intensely practical, although theory is linked to practice at all times. An integral part of the course includes supervision of practice time. It is also expected that students practice what they have learned between sessions with the support of their trainer.

## **Feedback**

The first session each weekend will include feedback, providing the opportunity for students to reflect on the integration of learning between modules.

## **Business building**

For some students, the aim of the course is to set up in business and to that end, either individually or collectively, time can be set aside to discuss the topic. You are welcome to seek advice and guidance from your trainer, or from the owners on the best way to go about setting up a practice.

## **Ethical issues**

Issues relating to ethics arise frequently during the course and these will be given the fullest possible attention as appropriate. If a special slot is needed, part of a Sunday morning will be used.

## **Assignments**

A written assignment has to be completed. The written work required is of University Post Graduate level. Students will be given formative feedback to ensure that the work reaches the required standard.

## **Deferment**

Any student who so wishes has the opportunity to withdraw from course at the end of the first weekend, provided that notification is received in writing by Awaken School, not later than 5 days thereafter. In such cases, students will only lose their deposits and no charge for the first weekend will be made and anything else that has been paid by the student will be refunded. Should you withdraw from the course after this point, the students will be refunded that proportion of their fees still due less £10 per remaining training days to cover venue costs. If, for example a student leaves after completing 5 of the 10 weekends, they will be refunded 50% of the course fees less £100 (10 days @ £10 per day) to cover venue costs.

## **Applications**

Please enclose a £100 non-refundable deposit with your application forms. After submitting an application form and course deposit, references are taken and interviews take place. Academic achievement is not the sole factor to be taken into consideration for selection of students. It is important that would-be therapists possess the human qualities that would make them into able and capable psychotherapists. Once a candidate has been successfully interviewed, joining instructions will be sent out and the candidate can start their pre-course work. If, for whatever reason, the candidate cannot start at their venue of choice, an alternative will be offered or they have the option to enrol on another course or at a later date. If no suitable compromise is reached and a candidate withdraws from the programme, their deposit is forfeit, however, if they are asked to move venue and they cannot, then their deposit will be returned.

## **Interview for acceptance onto a programme**

All students applying to join the School and start on a training programme, whether at foundation or intermediate level, are required to be interviewed prior to acceptance onto the course. This informal interview will either be face-to-face or via telephone depending on preference and practicality.

### **Purpose of the Interview**

- To assess candidates suitability for training within the modality of hypnotherapy
- To determine candidate's commitment to the learning process
- To provide the opportunity for candidates to ask questions, and assess their own suitability for the modality of training offered within the schools value base

### **Framework for Interview**

- Welcome and introduction of the interviewer
- Principles and philosophy of the School
- Outcomes for training

- Check out any areas of CV that are unclear or are of concern
- Determine suitability of candidate for the chosen path of study
- Answer any questions the candidate may have
- Confirm chosen programme

## **Social Policy and Equal Opportunities**

The School operates an Equal Opportunities and Diversity Policy. We welcome into the School, students from all backgrounds and will take reasonable measures to ensure that student learning needs are met. Where additional resources are required by the student, these will be addressed on a case by case basis and will include facilities for the student to introduce a medium for learning e.g. an assistant for signing, costs of this will need to be met by the student. The School recognises that the course involves high levels of person to person interaction, and in these instances the prospective candidate may be required to demonstrate that the learning outcomes can be appropriately met. The School also has a widening participation policy and is therefore able to provide learning placements for those students from the voluntary sector. A limited number of places are available each year and interested applicants are asked to contact the office.

## **Appeal System**

Any candidate who is declined acceptance onto a programme, may be given a range of options to assist a future application. These may include, and are not exclusive to:

- a pre-entry course that demonstrates ability to study at Post-graduate level
- a pre-entry written assignment that demonstrates ability to study at Post-graduate level
- a recommendation for personal therapy

Students have a right of appeal and will be offered a second interview chaired by an external moderator and a second Trainer of the School.

This panel's decision is final.

## **Deferment of Courses**

Awaken School reserve the right to defer running any course at any venue for whatever reason, such as insufficient students numbers, withdrawal of a trainer or the venue becoming unsuitable. In such rare cases, students will be offered an alternative venue plus a course discount of £200 to cover additional travel costs. Should the students find no alternative venue, they can defer to a subsequent training maintaining the course fees without increase, or ask for the return of their fees and/or deposit. If the student asks for the return of their fees and/or deposit due to Awaken School deferring a programme at a particular venue, these fees will be returned without any penalty and students may enrol on subsequent courses without prejudice. They will, however, be expected to pay course fees as a new entrant including any increases.

## **Withdrawal of students**

The selection of students is such that rarely has a student been asked to withdraw from the course. It has, however, happened and could happen again. Awaken School staff members, as stated previously, are continually assessing. If members of staff assess that a student is not reaching the required standard of work intellectually and inter-personally then they will be asked to withdraw from the course. Students who have been asked to withdraw, have the right of appeal to the Academic Board

# PERSONNEL

## Principal & Managing Director

### **Mark Wake, BSc, MHS, UKCP reg.**

Mark Wake has been working in the field of hypnotherapy and psychotherapy since 1998, having commenced his training in NLP. His background is in chemical production management; planning and training roles. He developed a flair for team development and problem solving and used Hypnosis and the language patterns to enable change in individuals and teams. Mark's background in manufacturing means he brings a practical 'no-nonsense' style into the training room. He is equally at home training the boardroom or shop floor and has a particular skill at bringing alive seemingly abstract theoretical concepts in a learning environment. His vast array of experience in hypnosis, hypnotherapy and psychotherapy adds to his flair as a trainer, as does his practical application of the skills in very real and every day settings.

### **Lisa Wake, BSc, RGN, UKCP reg**

As a former NHS Registered Nurse and Senior Manager, Lisa has worked both in the public and private sectors as a Consultant, Facilitator, Trainer, Mentor, Change Agent, Coach and Therapist. Internationally accredited as a Trainer of NLP (Neurolinguistic Programming) with INLPTA, Lisa is also a UKCP accredited psychotherapist and combines her therapy, coaching and mentoring work to enable individual clients to make the changes that they desire in their lives.

Lisa is an NLP Trainer, Hypnotherapy trainer and has also completed a conversion diploma in child psychotherapy. She has also been very active in the field of psychotherapy supporting organisations in their endeavours to develop and maintain standards in the field. She has served as Training standards officer and Chair of NLPTCA (Neurolinguistic Psychotherapy and Counselling Association), Vice Chair of UKCP 2003-2005, Chair of UKCP 2005-2007 and has worked closely with the Government and European Agencies on the Statutory regulation of Psychotherapy.

## Facilitators

Dr. Fran Renwick    PhD, MSc

Derry

## Course Contacts

To register an interest in a programme, please contact the office, and to enrol simply fill out the attached application form and return it with your deposit to:

Wodlands, Sneck Gate Lane, Newby, Middlesbrough, TS8 0AH.



**AWAKEN SCHOOL OF OUTCOME ORIENTED PSYCHOTHERAPIES LTD**

**Woodlands, Sneck Gate Lane, Newby,  
Middlesbrough, TS8 0AH.  
Tel: 01642 714702**

**APPLICATION FORM**

Title ..... First name(s) .....

Surname .....  
(whole name as you would want it to appear on a certificate)

Address .....  
..... Post Code .....

e-mail address .....  
(be sure to advise us of changes!)

Telephone Numbers: Home ..... Work ..... Mobile .....

Date of Birth .....

Which course are you applying for?.....

What venue ..... Present Employment .....

How did you initially hear about our school?.....

Previous Qualifications (please give dates, starting nearest to the present day)

Other Experience :- (e.g. recent study, voluntary work)

Please send copies of your main (highest) educational qualification(s).

Please include names and addresses of two people to whom character reference can be made.

