



**Awaken School of
Outcome Oriented
Psychotherapies Ltd.**

Approval of Previous Learning (APL)



Awaken School of Outcome Oriented Psychotherapies Ltd

Awaken School is a Training and Accrediting member of the United Kingdom Council for Psychotherapy (UKCP). Founded in 1983, the School was reformed in 2006 by Lisa and Mark Wake as Awaken School bringing together their Outcome Focussed Hypnotherapy and NLP training programmes to form the current Pathway to Accreditation. Lisa Wake has a long association with UKCP, firstly as Vice Chair from 2003 to 2005 and then as Chair till 2007 and has long campaigned for high standards of training and practice.

Awaken School has the status of a Training and Accrediting member of UKCP

THE AIMS OF THE SCHOOL ARE: -

1. To impart to students a knowledge of the various approaches to Psychotherapy - Behaviourist, Psychoanalytic, Humanistic and Integrative.
2. To impart the knowledge necessary to induce and manage the hypnotic state across those methods.
3. To give students the necessary knowledge to develop and manage the understanding of unconscious processes.
4. To help the student have professional standards regarding ethics, boundaries and safe practice.
5. To provide an ethical & practical training for students wishing to become members of a recognised register & either establish a private practice or integrate taught techniques into the world of education or mainstream healthcare as well as other disciplines.
6. To provide a programme of in-service training to enable established practitioners to keep abreast of, and enlarge, their sphere of specialisation.
7. To provide every opportunity for personal growth.
8. To provide each student with continuous supervision, assessment & support throughout the training and post training.

Accreditation for Prior Learning Policy

(Please see QAA guidelines – www.qaa.ac.uk/academicinfrastructure/apl/guidance.asp)

The Schools policy is to assist students who wish to receive acknowledgement of substantial and significant prior learning.

Prior learning may include learning that is recognised previously by an education provider (APCL) or may be for learning outside of formal education or training systems (APL).

Where a student wishes to be considered for APEL or APL, evidence must be presented to demonstrate that learning has taken place.

These guidelines have been developed with reference to the QAA Principles for APL practice (please see QAA website for further details).

Principle 1 APL must demonstrate equivalence to that of the learning of the validated programme of study
APL procedures are transparent and demonstrably rigorous and fair.

Principle 2 Students may only 'double count' the UKCP core elements and only where these are directly relevant to UKCP learning outcomes for psychotherapy practice.
Students may APL no more than 50% of the academic requirement.

Principle 3 Students accreditation for prior learning will be acknowledged as advanced studying.

Principle 4 The schools APL procedures and policies are subject to review by the Hypnotherapy Section of UKCP.

- Students may not APL years 1 & 4 of the pathway to UKCP accreditation
- Students are required to submit applications for APL within the section specific learning outcomes – demonstrating where they have met a specific outcome, and supply evidence of certification or CV where experiential learning is to be considered.
- A fee of £100 is charged for any application for APL and will be submitted with the application
- Appeals regarding outcomes of APL decisions may be made within 21 days of notification of decision.

Principle 5 A clear description of learning outcomes is provided in the Accreditation information pack

Principle 6 Assessment for Accreditation for Prior Learning will be by Lisa Wake, Director of Awaken School.

Principle 7 Students wishing to apply for Prior Experiential Learning may submit one or several of the following:-

- Portfolio of evidence
- Focussed interview with a panel (fees to be agreed individually)
- Completion of a written piece of work
- Reflective account/diary of learning achieved
- Completion of the assessment aspect of the course for which evidence is claimed

Principle 8 The criteria used for assessment will be:
Section specific learning outcomes and/or module specific learning outcomes

Principle 9 Evidence will be required to demonstrate

- A match between evidence presented and learning demonstrated
- Evidence will be valid and reliable
- Sufficient evidence will be provided to demonstrate fully the achievement of the learning demands
- Evidence is clearly related to the applicants own efforts and achievements
- Evidence relates to current learning and is within 7 years of date of submission

Principle 10 Any submission for APL will be open to scrutiny by UKCP at quinquennial review and at other times determined by UKCP audit processes.

Principle 11 Authority for making the decision to accredit prior learning is with Awaken School

Principle 12 Applicants are responsible for their own integrity of the process to assess their learning

- A fee of £100 is charged for each application submission
- Applications are to be made in English and in type written format

Principle 14 The school aims to widen access to programmes and will assess each application on its merit

Principle 15 Telephone support is available for students wishing to submit an application

- Feedback on submission is provided within 28 days of receipt of application

Principle 16 APL procedures are reviewed by UKCP quinquennially and by the School on an interim basis.